



Schedule of Events

All events are HDW

Day 1, Session 1 - 18th February 2022			
Warm Up: 6pm Start: 6.30pm			
301	Mens & Womens 800m Freestyle		
	10 min break		
503	Womens 50m Breaststroke		
402	Mens 50m Butterfly		
Day 2, Session 2 - 19th February 2022		Day 2, Session 3 - 19th February 2022	
Warm Up: 12.30pm Start: 1.30pm		Warm Up: 5.00pm Start: 6.00pm	
101	Mens 100m IM	401	Womens 400m IM
102	Womens 100m Freestyle	504	Mens 200m Freestyle
103	Mens 400m Freestyle	403	Womens 50m Freestyle
104	Womens 200m IM	404	Mens 200m Breaststroke
201	Mens 100m Butterfly	501	Womens 100m Backstroke
202	Womens 100m Breaststroke	502	Mens 50m Backstroke
203	Mens 200m Backstroke	302	Mens & Womens 1500m Freestyle
204	Womens 200m Butterfly		
Day 3, Session 4 - 20th February 2022		Day 3, Session 5 - 20 February 2022	
Warm Up: 10.30am Start: 11.30am		Warm Up: 3.00pm Start: 4.00pm	
601	Womens 100m IM	801	Mens 400m IM
602	Mens 100m Freestyle	802	Womens 50m Butterfly
603	Womens 400m Freestyle	803	Mens 50m Freestyle
604	Mens 200m IM	804	Womens 200m Breaststroke
701	Womens 100m Butterfly	901	Mens 100m Backstroke
702	Mens 100m Breaststroke	902	Womens 50m Backstroke
703	Womens 200m Backstroke	903	Mens 50m Breaststroke
704	Mens 200m Butterfly	904	Womens 200m Freestyle
			Presentations
			Medley Skins