

# Swim England Cambridgeshire County Championships 2023

## (Under Swim England Laws and Technical Rules)

Weekend 1 – 21<sup>st</sup> & 22<sup>nd</sup> January 2023 at Parkside, Cambridge – Licence No. 2ER230046

Weekend 2 – 5<sup>th</sup> February 2023 at Parkside, Cambridge – Licence No. 2ER230047

### GENERAL CONDITIONS

1. The County Championships shall be competed for annually and subject to any standard the County Executive may impose. The Championships shall be open to any member of a club affiliated to a Cambridgeshire club that is a category 2 member. This meet will be swum under Swim England Laws and Regulations, Technical Rules and the Swim England Open Meet Licensing Criteria. Any swimmer failing to comply with any of the conditions shall not be allowed to compete in the Championship.
2. Protests shall be made and dealt with as detailed in Swim England Law and Regulations.
3. The promoter is the county executive, and the nominated representative is Matt Newton, contactable at matt\_newton96@hotmail.co.uk
4. All participants must observe the safety precautions in operation at the venues.
5. Swim England Cambridgeshire will not be responsible for any loss or damage occurring during this meet.

### 6 Entries

A swimmer entered in the name of one club in the individual events may not compete in the name of another club in the team events. A swimmer must be a member of the club in whose name he/she is entered and must have been registered as such, with Swim England, prior to the entry closing date of the competition.

- 6.1. No swimmer competing in a like championship of any other English County in the same year is eligible to compete in the championships.
  - 6.2. Entry times for all individual events must be taken from the British Swimming Rankings on or before the closing date and shall have been achieved from 1 January 2022. The closing date will be *Tuesday 20th December 2022*.
  - 6.3. Championship entries must be made using the online entry system.
  - 6.4. Submission of an electronic entry file will be regarded as full acceptance and agreement to all conditions within this entry pack.
  - 6.5. Late entries will be rejected.
  - 6.6. Acknowledgement and acceptance of a correctly submitted entry shall be by publishing a received entries listing on the Swim England Cambridgeshire website at [www.swimcamb.org](http://www.swimcamb.org). Clubs will have 7 days from the date that entries are posted on the website to check the received entries report and errors after which a final accepted entries list will be published, and no further corrections allowed. **We will check that payments were received by the closing date and reserve the right to reject entries where this is not the case.**
  - 6.7. Dependent on the number of entries, the promoter reserves the right to reject entries to achieve what is believed to be the best compromise between the events. If necessary to reject entries, the slowest entries will be rejected first.
  - 6.8. The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/ team managers has been passed to us by a third party such as a club rather than by the individuals themselves, we rely on the third party to ensure that consent has been obtained.
7. **Fees**
    - 7.1. Entry fees are **£8.00** per individual event (50m, 100m, 200m and 400m events), or **£10.00** per distance events (800m and 1500m events) and team events.
    - 7.2. Spectator fees are **£6.00** per session or **£10.00** all day.
    - 7.3. Swim England Cambridgeshire will restrict access to the spectator seating to comply with safety limits.
  8. **Access to Poolside**
    - 8.1. No coach or swimmer may access poolside including spectator seating areas more than 30 minutes before the commencement of the first warm up session on each day and or when the pool is made available by leisure staff and the promoter.
    - 8.2. Access to poolside is restricted to competitors for the session, coaches with coach passes, technical officials and appointed volunteers. Parents are not permitted access to poolside.
    - 8.3. No additional equipment such as personal chairs or treatment tables may be brought onto poolside.
    - 8.4. Swimmers must only bring necessary equipment on to poolside. Additional equipment must be stored in the changing room lockers. The promoter reserves the right to remove any equipment or bags that do not adhere to this condition.
  9. **Warm Up**
    - 9.1. A warm-up procedure will be published on the county website one week before the event.
    - 9.2. The warm-up session must be strictly followed by all coaches and competitors unless authorised by the promoter of this event.
  10. **Age Groups**
    - 10.1. The age groups for both genders in each event will be 10/11, 12, 13, 14, 15, 16 and 17+.
    - 10.2. Team events will be U11, 12/13, 14/15 and open 16+.
    - 10.3. Ages are as at midnight on 31<sup>st</sup> December 2023.
    - 10.4. All events with finals will have the last 3 heats cyclically seeded. Events that are Timed Finals only, the heats will be spearhead seeded.
  11. **Events**
    - 11.1. All 50m and 100m events shall have age group finals except 100IM. Age groups for finals are 10/11, 12, 13, 14, 15, 16, 17+.
    - 11.2. Team declaration forms must be submitted to the recorder no later than the start of the relevant session's warm up.
    - 11.3. Competitors must present themselves to the marshalling area at least 15 minutes prior to the start of the session or event in which they are competing. Failure to adhere to this condition may result in no swim.
  12. **Withdrawals**
    - 12.1. Heats and Team Events – Once an entry is accepted, a competitor shall swim or give notice of withdrawal. Notice of any withdrawals shall be reported by a representative of the club to the recorder, using the appropriate withdrawal form. For individual and team events this must be before the commencement of the session warm up. Clubs may make withdrawals via

# Swim England Cambridgeshire County Championships 2023

(Under Swim England Laws and Technical Rules)

Weekend 1 – 21<sup>st</sup> & 22<sup>nd</sup> January 2023 at Parkside, Cambridge – Licence No. 2ER230046

Weekend 2 – 5<sup>th</sup> February 2023 at Parkside, Cambridge – Licence No. 2ER230047

email to the promoter at matt\_newton96@hotmail.co.uk providing this is before 4pm on the Friday prior to the relevant weekend.

- 12.2. Finals – The names of finalists and reserves will be announced and published. Withdrawals must be made to the recorder within 15 minutes of the announcement. At the end of this period, reserves may ask the recorder whether they are required for the final or can be stood down.
- 12.3. Unless notice of withdrawal has been given to the recorders within 15 minutes of the publication of the heat results, all finalists shall report to the Clerk of the Course for the final. Withdrawals after the 15 minute deadline may only be made on medical grounds.
- 12.4. **All events** – where a withdrawal is made after the deadlines on medical grounds the swimmer may not compete for the rest of the day.

## 13. Awards

- 13.1. 200m, 400m, 800m, 1500m and individual medley events will be Heat Declared and the first three swimmers in each age group for these events shall each receive medals.
- 13.2. Finals shall be swum for 50m and 100m freestyle, backstroke, breaststroke and butterfly events. The finals will consist of the fastest heat swimmers from each of the age groups defined with up to 8 swimmers for finals. The first three swimmers in each age group for these events shall each receive medals.
- 13.3. In the 10/11, 12, 13, 14, 15, 16 and 17+ age groups, Top Boy and Top Girl awards will be presented to the swimmer with the most points across individual events. Points will be calculated based on 3 points for a gold medal, 2 for a silver and 1 for a bronze.
- 13.4. The County Shield for Top Club will be awarded to the club that finishes top of the combined medals table. Clubs are ranked according to the number of gold medals won at the championships. In the event of a tie for the number of gold medals won, the tied club with the highest number of silver medals shall be declared the winner. In the event of a tie for gold and silver medals, the trophy shall be awarded to the tied club with highest number of bronze medals. If two or more clubs tie for the number of gold, silver and bronze medals, the award shall be shared.

## 14. Photography and Safeguarding

- 14.1. No photography or filming of any kind is permitted in the changing rooms or village. Anyone found contravening this requirement will be required to leave the facility without a refund.
- 14.2. No external media coverage may take place without prior consent of the promoter and sufficient time for any person participating in the event to consent.
- 14.3. All persons attending the championships are advised to exercise reasonable care when taking photos or video, particularly with regards to the sharing of images on social media.
- 14.4. It is the club's responsibility to inform the Promoter and Lead Referee of any known medical conditions prior to the commencement of the event.
- 14.5. Safeguarding concerns should be reported to the Promoter. If the concerns related to conduct of the Promoter, a report should be made to the County Welfare Officer, or to a member of the County Executive Committee.
- 14.6. Swimmers must not leave the poolside changing village unless suitably dressed and with appropriate footwear worn.

## 15. Para Entries

- 15.1. Para entries are welcomed and are subject to the general conditions and the Para Swimming Conditions below.

## 16. Secondary Strobes

- 16.1. Secondary strobe lights are available at these championships for athletes with a hearing impairment.

## Medley Skins Event, held outside of licensed conditions

There shall be two medley 'skins' events, one for the boys and one for the girls held during the competition, and these are outside of licensed conditions. The order of start for 2023 is boys first, thereafter, alternating on an annual basis and both events will have a formal start for the first round. Qualification for this event will be the eight fastest swimmers overall in the 200m Individual Medley events. The competition shall consist of a series of knockout rounds with the slowest swimmer in each round being eliminated. In the event of a dead heat between the two slowest swimmers no elimination is made in that round. The final round shall be the last two remaining swimmers and the winner of the event shall be the fastest swimmer of the final round. The stroke to be used in the first round shall be determined by meet promoter drawing lots. The stroke to be used in all subsequent rounds shall be determined by the eliminated swimmer in each round drawing lots.

## Para Swimming Conditions

The conditions for the Swim England Cambridgeshire County Championships shall apply to the Para Swimming events except where varied by any of the following conditions.

### Events

|                   |                                       |
|-------------------|---------------------------------------|
| Freestyle         | 50m, 100m, 200m, 400m, 800m and 1500m |
| Backstroke        | 50m, 100m and 200m                    |
| Breaststroke      | 50m, 100m and 200m                    |
| Individual Medley | 100m, 200m and 400m                   |

### Eligibility

Swimmers with S1-S14 classifications will be accepted.

All swimmers must present any equipment for inspection prior to the start of the competition.

# Swim England Cambridgeshire County Championships 2023

(Under Swim England Laws and Technical Rules)

Weekend 1 – 21<sup>st</sup> & 22<sup>nd</sup> January 2023 at Parkside, Cambridge – Licence No. 2ER230046

Weekend 2 – 5<sup>th</sup> February 2023 at Parkside, Cambridge – Licence No. 2ER230047

The championships does not have para consideration times. However, the organisers reserve the right to reject swimmers after the closing date if demand exceeds the time available in galas.

## **Personal Care Attendants**

Personal care attendants will be permitted for para swimmers if appropriate. Personal Care Assistant Passes will be available at no cost if a request is made to the promoter in advance of the event.

## **Competition Format**

The competition format will be based on para-inclusion within the able-bodied programme. Swimmers will be integrated on a time-banded basis in all events.

Placing shall be determined by achieving a time better than or closest to, the equivalent World Record relevant to their own classification.

Para swimmers will be included within the results for the appropriate age group. They will also be included in the Multi-Classification results and placed within those results according to their equivalent times.

Winners of all events will be heat declared.

## **Competition to be run under IPC Swimming swim rules.**

An official who holds the qualification of Swim England Para Official will act as a technical advisor in each of the sessions where para athletes are entered, if available.

# Swim England Cambridgeshire County Championships 2023

(Under Swim England Laws and Technical Rules)

Weekend 1 – 21<sup>st</sup> & 22<sup>nd</sup> January 2023 at Parkside, Cambridge – Licence No. 2ER230046

Weekend 2 – 5<sup>th</sup> February 2023 at Parkside, Cambridge – Licence No. 2ER230047

## Information about Pool Deck Pass Accreditation

Coaches and support staff must have an accreditation. A competitor may have both a coach and support staff in attendance. All coaches and team managers will be required to purchase a coach pass. Remember, no pass - no access to the pool deck.

- All coaches and team managers planning to be on poolside at the County Championships Championships must apply for a pass for each weekend of the championships.
- It is the responsibility of the club to ensure that the coaches and team managers named have been DBS checked and are a registered as Category 3 Swim England Members.
- Passes will be issued in the name of your club and shall be collected from the Officials Room on the day of competition, before going poolside. Passes will not be mailed out.
- Clubs with twenty or less swimmers may apply for a maximum of two passes. Where there are more than twenty swimmers, a club may apply for additional passes to maintain a 1:10 ratio.
- Passes are £15 (or £20 with food) each for the meet.
- There is an additional charge for food, the price of which reflects the price charged by the operator at each venue. Food between sessions can be provided only if booked in advance on this form
- Passes may only be used by the coaches/team managers named on this form. All named persons must be Swim England members.
- All swimmers aged 16 years and under must be under the supervision of a pass holder during the warm up, competition and in the vicinity of the pool.
- Passes may only be used when there are swimmers from your club on the deck.
- Passes must be worn in a prominent place whilst on the pool deck. Coaches without passes on display will be asked to leave and may be refused readmission.
- Coach passes will entitle the holder to tea and coffee provided in the Officials Room.
- Please complete the forms to order coach or team manager passes and food. A form must be completed by each competing club prior to each weekend of the championships.



# Swim England Cambridgeshire County Championships 2023

(Under Swim England Laws and Technical Rules)

Weekend 1 – 21<sup>st</sup> & 22<sup>nd</sup> January 2023 at Parkside, Cambridge – Licence No. 2ER230046

Weekend 2 – 5<sup>th</sup> February 2023 at Parkside, Cambridge – Licence No. 2ER230047

## Schedule of Events

| Session 1 - Saturday 21 January 2023<br>Start: tbc |   | Session 3 - Sunday 22 January 2023<br>Start: tbc |   | Session 5 - Sunday 5 February 2023<br>Start: tbc |  |
|--|---|--|---|--|--|
| 001  | Mixed 1500m Freestyle (HDW)                         | 015  | Boys 200m Freestyle (HDW)                           | 028  | Mixed 800m Freestyle (HDW)   |
| 002  | Girls 200m Freestyle (HDW)                          | 016  | Girls 100m Freestyle                                | 029  | Boys 100m Backstroke   |
| 003  | Boys 100m Freestyle                                 | 017  | Boys 100m IM (HDW)                                  | 030  | Girls 100m Backstroke  |
| 004  | Girls 100m IM (HDW)                                 | 018  | Girls 50m Butterfly                                 | 031  | Boys 100m Breaststroke   |
| 005  | Boys 50m Butterfly                                  | 019  | Boys 50m Freestyle                                  | 032  | Girls 100m Breaststroke  |
| 006  | Girls 50m Freestyle                                 | 020  | Girls 200m Breaststroke (HDW)                       | 033  | Boys 200m Backstroke (HDW)   |
| 007  | Boys 200m Breaststroke (HDW)                        | 021  | Boys 200m Butterfly (HDW)                           | 034  | Girls 200m Backstroke (HDW)  |
| 008  | Girls 200m Butterfly (HDW)                          |  |   |  |  |
|  | <i>10 minutes after the completion of the heats</i> |  | <i>10 minutes after the completion of the heats</i> |  | <i>10 minutes after the completion of the heats</i>                    |
| 101-107  | FINALS Boys 100m Freestyle                          | 301-307  | FINALS Girls 100m Freestyle                         | 501-507  | FINALS Boys 100m Backstroke  |
| 108-114  | FINALS Girls 50m Freestyle                          | 308-314  | FINALS Boys 50m Freestyle                           | 508-514  | FINALS Girls 100m Backstroke   |
| 115-121  | FINALS Boys 50m Butterfly                           | 315-321  | FINALS Girls 50m Butterfly                          | 515-521  | FINALS Boys 100m Breaststroke  |
|  |   |  |   | 522-528  | FINALS Girls 100m Breaststroke   |
|  |   |  |   |  |  |
| Session 2 - Saturday 21 January 2023<br>Start: tbc |   | Session 4 - Sunday 22 January 2023<br>Start: tbc |   | Session 6 - Sunday 5 February 2023<br>Start: tbc |  |
| 009  | Boys 400m Freestyle (HDW)                           | 022  | Girls 400m Freestyle (HDW)                          | 601/602  | Mens/Womens Medley SKINS (from 200 IM)                                 |
| 010  | Girls 100m Butterfly                                | 023  | Boys 100m Butterfly                                 |  | <b>Presentations</b>   |
| 011  | Boys 50m Breaststroke                               | 024  | Girls 50m Breaststroke                              | 603/604  | Mens 11/u 4x50m Medley Relay<br>Womens 11/u 4x50m Medley Relay         |
| 012  | Girls 50m Backstroke                                | 025  | Boys 50m Backstroke                                 | 605/606  | Mens 13/u 4x50m Freestyle Relay<br>Womens 13/u 4x50m Freestyle Relay   |
| 013  | Boys 200m IM (HDW)                                  | 026  | Girls 200m IM (HDW)                                 | 607/608  | Mens 14-16 4x50m Medley Relay<br>Womens 14-16 4x50m Medley Relay       |
| 014  | Girls 400m IM (HDW)                                 | 027  | Boys 400m IM (HDW)                                  | 609/610  | Mens 17+ 4x50m Freestyle Relay<br>Womens 17+ 4x50m Freestyle Relay     |
|  | <i>10 minutes after the completion of the heats</i> |  | <i>10 minutes after the completion of the heats</i> | 611/612  | Mens 11/u 4x50m Freestyle Relay<br>Womens 11/u 4x50m Freestyle Relay   |
| 201-207  | FINALS Girls 100m Butterfly                         | 401-407  | FINALS Boys 100m Butterfly                          | 613/614  | Mens 13/u 4x50m Medley Relay<br>Womens 13/u 4x50m Medley Relay         |
| 208-214  | FINALS Boys 50m Breaststroke                        | 408-414  | FINALS Girls 50m Breaststroke                       | 615/616  | Mens 14-16 4x50m Freestyle Relay<br>Womens 14-16 4x50m Freestyle Relay |
| 215-221  | FINALS Girls 50m Backstroke                         | 415-421  | FINALS Boys 50m Backstroke                          | 617/618  | Mens 17+ 4x50m Medley Relay<br>Womens 17+ 4x50m Medley Relay           |
|  |   |  |   |  |  |