

WARM UP SCHEDULE

Weekend 1 – 21st & 22nd January 2023 at Parkside, Cambridge – Licence No. 2ER230046

SESSION 1

Warm up starts @ 11:45am Session starts @ 12:25pm

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
12	City of Cambridge St Iv								
minutes									
12	March	March/		City of Peterborough					
minutes		Huntingdon							
12		City of Cambridge				Ely	St Neots	Wisbech	
minutes									

SESSION 2

Warm up starts @ 4:00pm Session starts @ 4:40pm

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
12	March	March/		City of Peterborough					
minutes		Huntingdon							
12	City of Cambridge				City of Ely St Neots			Wisbech	
minutes									
12		City of Cambridge St						lves	
minutes									

SESSION 3

Warm up starts @ 12:45pm Session starts @ 1:25pm

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8		
12		City of	Cambridge		City of Ely St Neots		St Neots	Wisbech		
minutes										
12		City of Cambridge St								
minutes										
12	March March/ City of Peterborough					Bottisham/				
minutes		Huntingdon						Chatteris		

SESSION 4

Warm up starts @ 3:30pm Session starts @ 4:10pm

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
12	City of Cambridge St I								
minutes									
12	March	arch March/ City of Peterborough						Bottisham/	
minutes		Huntingdon	Huntingdon						
12		City of (Cambridge		City of E	ily	St Neots	Wisbech	
minutes									



WARM UP SCHEDULE

Weekend 2 – 5th February 2023 at Parkside, Cambridge – Licence No. 2ER230047

SESSION 5

Warm up starts @ 11:45am Session starts @ 12:25pm

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
12	March	March/		City of Peterborough					
minutes		Huntingdon							
12	City of Cambridge				City of Ely St Neots			Wisbech	
minutes									
12		City of Cambridge St I					lves		
minutes									

SESSION 6 Skins & Relays

Warm up starts @ 4:15pm Session starts @ 5:00pm

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8		
12		City of	Cambridge		City of E	Ely	St Neots	Wisbech		
minutes										
12		City of Cambridge St I								
minutes										
12	March	March March/ City of Peterborough						Bottisham/		
minutes		Huntingdon						Chatteris		