



Swim England Cambridgeshire County Development Meet 2023
(Under Swim England Laws and Technical Rules)

18th & 19th November 2023 Abbey Croft leisure centre Exning Road Newmarket CB8 0EA – Licence No. 3ER231913

Schedule of Events

Saturday 18th November 2023 Abbey Croft leisure centre Exning Road Newmarket

Session 1 – warm-up 13.45pm and start TBC

- EVENT 101 – Female 10/Over 400m Freestyle
- EVENT 102 – Male/Open 9/Over 200m Backstroke
- EVENT 103 – Female 9/Over 50m Backstroke
- EVENT 104 – Male/Open 9/Over 50m Breaststroke
- EVENT 105 – Female 9/Over 200m Butterfly
- EVENT 106 – Male/Open 10/Over 100m Individual Medley
- EVENT 107 – Female 10/Over 100m Individual Medley
- EVENT 108 – Male/Open 10/Over 100m Freestyle

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Session 2 – warm-up TBC and Start TBC

- Male/Open Open Skins Female Open Skins
- EVENT 201 – Male/Open 10/Over 400m Freestyle
- EVENT 202 – Female 9/Over 200m Backstroke
- EVENT 203 – Male/Open 9/Over 50m Backstroke
- EVENT 204 – Female 9/Over 50m Breaststroke
- EVENT 205 – Male/Open 9/Over 200m Butterfly
- EVENT 206 – Female 10/Over 100m Breaststroke
- EVENT 207 – Male/Open 10/Over 100m Breaststroke
- EVENT 208 – Female 10/Over 100m Freestyle

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Session 3 – warm-up 8.00am and start TBC

- EVENT 301 – Female 12/Over 400m Individual Medley
- EVENT 302 – Male/Open 9/Over 200m Individual Medley
- EVENT 303 – Female 9/Over 50m Freestyle
- EVENT 304 – Male/Open 9/Over 50m Butterfly
- EVENT 305 – Female 9/Over 200m Breaststroke
- EVENT 306 – Male/Open 9/Over 200m Freestyle
- EVENT 307 – Female 10/Over 100m Butterfly
- EVENT 308 – Male/Open 10/Over 100m Backstroke

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Session 4 – warm-up TBC and start TBC

- EVENT 401 – Male/Open 12/Over 400m Individual Medley
- EVENT 402 – Female 9/Over 200m Individual Medley
- EVENT 403 – Male/Open 9/Over 50m Freestyle
- EVENT 404 – Female 9/Over 50m Butterfly
- EVENT 405 – Male/Open 9/Over 200m Breaststroke
- EVENT 406 – Female 9/Over 200m Freestyle
- EVENT 407 – Male/Open 10/Over 100m Butterfly
- EVENT 408 – Female 10/Over 100m Backstroke



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GENERAL CONDITIONS

1. The County Development Meet shall be held under Swim England Laws and Regulations, Technical Rules and the Swim England Open Meet Licensing Criteria.
2. Swimmers shall be members of an affiliated Cambridgeshire club and shall be registered as Category 2 with Swim England. Any swimmer failing to comply with any of the conditions shall not be allowed to compete in the competition.
3. Protests shall be made and dealt with as detailed in Swim England Law and Regulations.
4. The promoter for the event is Deborah Kendall elyswimmingclubopenmeets@gmail.com
5. All participants must observe the safety precautions in operation at the venues.
6. Swim England Cambridgeshire will not be responsible for any loss or damage occurring during this meet.

Entries

- 6.1 No swimmer competing in a like championship of any other English County in the same year is eligible to compete in the championships.
- 6.2 Entry times for all individual events must be taken from the British Swimming Rankings on or before the closing date and shall have been achieved from 1 January 2022. The closing date will be Friday 13th October 2023
- 6.3 Championship entries must be made using the online entry system.
- 6.4 Submission of an electronic entry file will be regarded as full acceptance and agreement to all conditions within this entry pack.
- 6.5 Late entries will be rejected.
- 6.6 Acknowledgement and acceptance of a correctly submitted entry shall be by publishing a received entries listing on the Swim England Cambridgeshire website at www.swimcamb.org. Clubs will have 7 days from the date that entries are posted on the website to check the received entries report and errors after which a final accepted entries list will be published, and no further corrections allowed. We will check that payments were received by the closing date and reserve the right to reject entries where this is not the case.
- 6.7 Dependent on the number of entries, the promoter reserves the right to reject entries to achieve what is believed to be the best compromise between the events. If necessary to reject entries, the slowest entries will be rejected first.
- 6.8 The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/ team managers has been passed to us by a third party such as a club rather than by the individuals themselves, we rely on the third part to ensure that consent has been obtained.
- 6.9 Entries will be made using Female/ Male competition categories, as these are the recognised categories at this time. There will be a transition into the use of Female and Open/Male as the new competition categories following the launch of the Swim England Transgender and Non-binary Competition Policy on 1 September.
- 6.10 The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
- 6.11 All clubs must ensure they have adequate supervisory cover for swimmers, in line with SE guideline.
- 6.12 Backstroke start devices may be used. Over-the-top starts, and side-by-side starts for backstroke events, may be used at the referees' discretion.
- 6.13 For Health and Safety reasons only small rucksack bags will be allowed poolside. Lockers are available (refundable £1 coin required). Pool staff will remove any large obtrusive bags.
- 6.14 Limited seating poolside will be available for Coaches and swimmers. No additional seating is permitted.
- 6.15 The promoters reserve the right to refuse admission to any competitor, participant, coach or spectator.
- 6.16 Secondary strobe lights are available at these championships for athletes with a hearing impairment.



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7 Fees

- 7.1 Entry fees are £6.75 per individual event.
- 7.2 Swim England Cambridgeshire will restrict access to the spectator seating to comply with safety limits.

8 Access to Poolside

- 8.1 No coach or swimmer may access poolside including spectator seating areas more than 15 minutes before the commencement of the first warm up session on each day and or when the pool is made available by leisure staff and the promoter.
- 8.2 Access to poolside is restricted to competitors for the session.
- 8.3 No additional equipment such as personal chairs or treatment tables may be brought onto poolside.
- 8.4 There will be no glass items allowed on poolside.
- 8.5 Swimmer must only bring necessary equipment on to poolside. Additional equipment must be stored in the changing room lockers. The promoter reserves the right to remove any equipment or bags that do not adhere to this condition.
- 8.6 Coaches/Team Managers will be allowed on poolside if wearing a pre-purchased pass. Coaches and Team Managers must be club trained personnel and clubs are asked to maintain the recommended ratio of helpers to swimmers. Untrained parents without DBS clearance are not allowed poolside.

9 Warm Up

- 9.1 A warm up procedure will be published on the county website one week before the event.
- 9.2 Warm up protocol: Strictly no diving during any warm-up sessions, except in the designated sprint lanes, odd lanes will swim clockwise (1, 3, 5,) even lanes (2, 4, 6,) will swim counter-clockwise. All swimmers must leave the water by the side of the pool and not over the timing pads. Coaches must manage the lanes their swimmers are using during the warm up sessions. Guidance will be given by the meet announcer.
- 9.3 The warm up session schedule must be strictly followed by all coaches and competitors unless authorised by the promoters of this event.
- 9.4 Competitors must present themselves to the marshalling area at least 15 minutes prior to the start of the session or event in which they are competing. Failure to adhere to this condition may result in no swim.
- 9.5 The pool length is 25 metres, 6 lanes with anti-wave ropes and electronic timing and the depth of the pool is 1.2m at the shallow end and 1.8m at the deep end. In accordance with the Swim England guidance of 8/12/2022 it is not permitted to dive at the shallow end of the pool. All races will start at the deep end, there are no relay events in this gala.

10 Age Groups

- 10.1 The age groups for genders in each event will be 9, 10, 11, 12, 13, 14, 15, 16 and 17+. 9 year olds can only enter 50m & 200m events in all strokes, the 400m IM is restricted to age groups 12 and over.
- 10.2 Ages are as at midnight on 19th November 2023
- 10.3 All events will be spearhead seeded.

11 Withdrawals

- 11.1 Once an entry is accepted, a competitor shall swim or give notice of withdrawal. Notice of any withdrawals shall be reported by representative of the club to the recorder, using the appropriate withdrawal form. This must be before the commencement of the session warm up.
- 11.2 Where a withdrawal is made after the deadlines on medical grounds the swimmer may not compete for the rest of the day.

12 Awards

- 12.1 All events will be Heat Declared and the first three swimmers in each age group for all events shall each receive medals.
- 12.2 In the 9, 10, 11, 12, 13, 14, 15, 16 and 17+ age groups.

13 Photography and Safeguarding

- 13.1 No photography or filming of any kind is permitted in the changing rooms. Anyone found contravening this requirement will be required to leave the facility without a refund.
- 13.2 In accordance with Swim England Child Safety Procedures and Policies all parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images, particularly if those images are being shared with family and friends



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through social media platforms. Should you have any concerns about photography or filming at this event then please bring them to the attention of the Meet Promoter.

- 13.3 No external media coverage may take place without prior consent of the promoter and sufficient time for any person participating in the event to consent.
- 13.4 It is the club's responsibility to inform the Promoter and Lead Referee of any known medical conditions prior to the commencement of the event.
- 13.5 Safeguarding concerns should be reported to the Promoter. If the concerns related to conduct of the Promoter, a report should be made to the County Welfare Officer, or to a member of the County Executive Committee.
- 13.6 Swimmers must not leave the poolside unless suitably dressed and with appropriate footwear worn.
- 13.7 Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to Swim England Regulations and Technical Rules of Racing and FINA Technical Rules of Swimming.

14 Para Entries

- 14.1 Para entries are welcomed and are subject to the general conditions and the Para Swimming Conditions below.



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Para Swimming Conditions

The conditions for the Swim England Cambridgeshire County Championships shall apply to the Para Swimming events except where varied by any of the following conditions.

Events

Freestyle	50m, 100m 200m and 400m
Backstroke	50m, 100m and 200m
Breaststroke	50m, 100m and 200m
Individual Medley	100m, 200m and 400m

Eligibility

Swimmers with S1-S14 classifications will be accepted.

All swimmers must present any equipment for inspection prior to the start of the competition.

The development meet does not have para consideration times. However, the organisers reserve the right to reject swimmers after the closing date if demand exceeds the time available in galas.

Personal Care Attendants

Personal care attendants will be permitted for para swimmers if appropriate. Personal Care Assistant Passes will be available at no cost if a request is made to the promoter in advance of the event.

Competition Format

The competition format will be based on para-inclusion within the able-bodied programme. Swimmers will be integrated on a time-banded basis in all events.

Placing shall be determined by achieving a time better than or closest to, the equivalent World Record relevant to their own classification.

Para swimmers will be included within the results for the appropriate age group. They will also be included in the Multi-Classification results and placed within those results according to their equivalent times.

Winners of all events will be heat declared.

Competition to be run under IPC Swimming swim rules.

An official who holds the qualification of Swim England Para Official will act as a technical advisor in each of the sessions where para athletes are entered, if available.



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Information about Pool Deck Pass Accreditation

Coaches and support staff must have an accreditation. A competitor may have both a coach and support staff in attendance. All coaches and team managers will be required to purchase a coach pass. Remember, no pass - no access to the pool deck.

- All coaches and team managers planning to be on poolside at the County Development Meet must apply for a Deck Pass for each weekend of the Championships.
- It is the responsibility of the club to ensure that the coaches and team managers named have been DBS checked and are a registered as Category 3 Swim England Members.
- Passes will be issued in the name of your club and shall be collected from the Officials Room on the day of competition, before going poolside. Passes will not be mailed out.
- Clubs with twenty or less swimmers may apply for a maximum of two passes. Where there are more than twenty swimmers, a club may apply for additional passes to maintain a 1.10 ratio.
- Passes are £15 each for a whole weekend or part thereof.
- There is an additional charge for food, the price of which reflects the price charged by the operator at each venue. Food between sessions can be provided only if booked in advance on this form
- Passes may only be used by the coaches/team managers named on this form. All named persons must be Swim England members.
- All swimmers aged 16 years and under must be under the supervision of a pass holder during the warm up, competition and in the vicinity of the pool.
- Passes may only be used when there are swimmers from your club on the deck.
- Passes must be worn in a prominent place whilst on the pool deck. Coaches without passes on display will be asked to leave and may be refused readmission.
- Coach passes will entitle the holder to tea and coffee provided in the Officials Room.
- Please complete the forms to order coach or team manager passes and food. A form must be completed by each competing club prior to each weekend of the championships.

Cambridgeshire County Developments Championships Qualifying Times 2023

ALL ENTRIES MUST INCLUDE A TIME WHICH IS SLOWER THAN THOSE BELOW
AGE AS AT Midnight 19TH November 2023

Female									Male / Open							
9 & 10	11	12	13	14	15	16	17+		9 & 10	11	12	13	14	15	16	17+
39.5	39.5	35.8	33.3	31.6	31.2	30.5	29.9	50 Freestyle	41.2	41.2	35.9	33.4	31.9	30.5	29.2	27.8
1.28.0*	1.28.0	1.18.1	1.13.0	1.08.7	1.06.0	1.05.0	1.04.6	100 Freestyle	1.29.9*	1.29.9	1.17.3	1.12.1	1.07.1	1.03.5	1.01.2	58.0
3.10.9	3.10.9	2.53.1	2.35.9	2.28.2	2.25.0	2.21.8	2.20.0	200 Freestyle	3.16.9	3.16.9	2.50.2	2.37.5	2.27.6	2.21.7	2.13.2	2.07.6
6.25.0*	6.25.0	5.47.5	5.23.9	5.13.7	5.03.2	5.00.4	4.57.1	400 Freestyle	6.25.4*	6.25.4	5.53.5	5.25.7	5.04.0	4.53.0	4.41.8	4.34.3
53.5	53.5	46.9	43.9	42.2	41.3	40.9	40.5	50 Breaststroke	56.8	56.8	48.0	44.7	39.7	37.8	36.5	34.9
1.55.1*	1.55.1	1.42.3	1.35.8	1.30.0	1.26.0	1.23.0	1.22.5	100 Breaststroke	1.58.7*	1.58.7	1.43.0	1.34.9	1.27.2	1.22.4	1.17.5	1.16.0
3.57.5	3.57.5	3.34.7	3.21.6	3.13.5	3.07.2	3.04.7	3.02.7	200 Breaststroke	4.04.7	4.04.7	3.42.4	3.20.9	3.10.3	2.52.3	2.49.7	2.47.0
48.4	48.4	42.1	38.2	36.6	36.0	35.5	35.0	50 Butterfly	52.9	52.9	43.5	38.2	35.8	34.9	32.3	29.8
1.53.0*	1.53.0	1.40.2	1.27.5	1.19.7	1.16.1	1.15.5	1.15.1	100 Butterfly	1.55.0*	1.55.0	1.39.7	1.27.1	1.17.1	1.11.8	1.07.1	1.05.6
4.15.1	4.15.1	3.50.0	3.23.0	3.06.0	2.58.0	2.50.0	2.45.0	200 Butterfly	4.05.0	4.05.0	3.25.0	3.08.0	2.59.0	2.48.0	2.43.0	2.35.3
45.5	45.5	40.9	37.6	36.8	36.0	35.4	35.0	50 Backstroke	46.9	46.9	40.8	37.8	35.3	34.5	33.8	32.7
1.38.5*	1.38.5	1.27.5	1.20.8	1.15.8	1.15.3	1.14.9	1.14.7	100 Backstroke	1.42.5*	1.42.5	1.28.9	1.21.0	1.17.0	1.13.2	1.08.2	1.07.5
3.25.0	3.25.0	3.09.0	2.53.1	2.46.1	2.43.5	2.41.2	2.41.0	200 Backstroke	3.41.5	3.41.5	3.11.8	2.54.1	2.43.6	2.36.3	2.28.1	2.27.2
1.43.2*	1.43.2	1.30.1	1.23.8	1.20.3	1.18.4	1.17.8	1.16.8	100 IM	1.43.8*	1.43.8	1.32.1	1.23.4	1.18.4	1.14.6	1.11.7	1.09.7
3.28.1	3.28.1	3.12.9	2.59.6	2.51.0	2.46.5	2.45.2	2.41.8	200 IM	3.30.3	3.30.3	3.11.2	2.56.8	2.46.3	2.36.7	2.30.7	2.27.1
		6.56.5	6.22.5	6.00.0	5.46.0	5.39.0	5.35.0	400 IM			6.59.7	6.24.5	5.58.6	5.46.7	5.35.0	5.21.8

*Events only eligible to 10 year olds

The above times are to be achieved in a 25m or 50m pool. ALL TIMES TO BE ACHIEVED FROM 1st January 2020