

SCHEDULE TIMINGS FOR DEVELOPMENT MEET 2023

Session One

Warm Up: 2pm - 2.40pm

Start: 2.45pm

Finish: 5.11pm

(run time: 2hrs 26mins)

Session Two

Warm Up: 5.30pm - 6.10pm

Start: 6.15pm

Finish: 8.22pm

(run time: 1hr 37mins plus 30mins for Skins)

Session Three

Warm Up: 8.30am - 9.10am

Start: 9.15am

Finish: 10.45am

(run time: 1hr 30mins)

Session Four

Warm Up: 12.00pm - 12.40pm

Start: 12.45pm

Finish: 2.30pm

(run time: 1hr 45mins)