

(Under Swim England Laws and Technical Rules)

Weekend 1 – 28 January 2024 at Parkside, Cambridge – Licence No. 2ER240228 Weekend 2 – 3 & 4 February 2024 at Parkside, Cambridge – Licence No. 2ER240229

GENERAL CONDITIONS

- 1. The County Championships shall be competed for annually and subject to any standard the County Executive may impose. The Championships shall be open to any member of a club affiliated to a Cambridgeshire club that is a category 2 member. This meet will be swum under Swim England Laws and Regulations, Technical Rules and the Swim England Open Meet Licensing Criteria. Any swimmer failing to comply with any of the conditions shall not be allowed to compete in the Championship.
- 2. Protests shall be made and dealt with as detailed in Swim England Law and Regulations.
- **3.** The promoter is the county executive, and the nominated representative is Deborah Kendall contactable at elyswimmingclubopenmeets@gmail.com
- **4.** All participants must observe the safety precautions in operation at the venues.
- 5. Swim England Cambridgeshire will not be responsible for any loss or damage occurring during this meet.

6 Entries

A swimmer entered in the name of one club in the individual events may not compete in the name of another club in the team events. A swimmer must be a member of the club in whose name he/she is entered and must have been registered as such, with Swim England, prior to the entry closing date of the competition.

- **6.1.** No swimmer competing in a like championship of any other English County in the same year is eligible to compete in the championships.
- **6.2.** Entry times for all individual events must be taken from the British Swimming Rankings on or before the closing date and shall have been achieved from 1 January 2023. The closing date will be *Sunday 7 January 2024*.
- **6.3.** Championship entries must be made using the online entry system, which requires payment in full before the entries can be submitted. This will be regarded as full acceptance and agreement to all conditions within this entry pack. Late entries will be rejected.
- **6.4.** Entries will be made using Female/ Male competition categories, as these are the recognised categories at this time. There will be a transition into the use of Female and Open/Male as the new competition categories following the launch of the Swim England Transgender and Non-binary Competition Policy on 1 September 2023.
- **6.5.** The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
- **6.6.** Acknowledgement and acceptance of a correctly submitted entry shall be by publishing a received entries listing on the Swim England Cambridgeshire website at www.swimcambs.org. Clubs will have 7 days from the date that entries are posted on the website to check the received entries report and errors after which a final accepted entries list will be published, and no further corrections allowed.
- **6.7.** Dependent on the number of entries, the promoter reserves the right to reject entries to achieve what is believed to be the best compromise between the events. If necessary to reject entries, the slowest entries will be rejected first.
- **6.8.** The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/ team managers has been passed to us by a third party such as a club rather than by the individuals themselves, we rely on the third part to ensure that consent has been obtained.

7. Fees

- 7.1. Entry fees are £8.00 per individual event (50m, 100m, 200m and 400m events), or £10.00 per distance events (800m and 1500m events) and team events.
- 7.2. Spectator fees are £6.00 per session or £10.00 all day.
- **7.3.** Swim England Cambridgeshire will restrict access to the spectator seating to comply with safety limits.

8. Access to Poolside

- **8.1.** No coach or swimmer may access poolside including spectator seating areas more than 30 minutes before the commencement of the first warm up session on each day and or when the pool is made available by leisure staff and the promoter.
- **8.2.** Access to poolside is restricted to competitors for the session, coaches/team managers with the correct SE accreditation applied for, technical officials and appointed volunteers. Parents are not permitted access to poolside.
- **8.3.** The pool length is 25 metres, 8 lanes with anti-wave ropes and electronic timing and the depth of the pool is 1.2m at the shallow end and 1.8m at the deep end. In accordance with the Swim England guidelines of 8/12/2022 it is not permitted to dive at the shallow end of the pool.
- 8.4. No additional equipment such as personal chairs or treatment tables may be brought onto poolside.
- **8.5.** Swimmers must only bring necessary equipment on to poolside. Additional equipment must be stored in the changing room lockers. The promoter reserves the right to remove any equipment or bags that do not adhere to this condition.

9. Warm Up

- **9.1.** A warm-up procedure will be published on the county website one week before the event.
- 9.2. The warm-up session must be strictly followed by all coaches and competitors unless authorised by the promoter.



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10. Age Groups

- 10.1. The age groups for Open/Male and Female category in each event will be 10/11, 12, 13, 14, 15, 16 and 17+.
- **10.2.** Team events will be U11, 12/13, 14/15 and open 16+.
- 10.3. Ages are as at midnight on 31 December 2024.
- **10.4.** All events with finals will have the last 3 heats cyclically seeded. Events that are Timed Finals only, the heats will be spearhead seeded.

11. Events

- **11.1.** All 50m and 100m events shall have age group finals except 100IM. Age groups for finals are 10/11, 12, 13, 14, 15, 16, 17+. The promoter reserves the right to combine age group finals where there are insufficient swimmers in an age group to warrant their own race.
- 11.2. Team declaration forms must be submitted to the recorder no later than the start of the relevant session's warm up.
- **11.3.** Competitors must present themselves to the marshalling area at least 15 minutes prior to the start of the session or event in which they are competing. Failure to adhere to this condition may result in no swim.

12. Withdrawals

- **12.1.** Heats and Team Events Once an entry is accepted, a competitor shall swim or give notice of withdrawal. Notice of any withdrawals shall be completed by a club representative via the online withdrawal system.
- **12.2.** Finals The names of finalists and reserves will be announced and published. Withdrawals must be made to the recorder within 15 minutes of the announcement. At the end of this period, reserves may ask the recorder whether they are required for the final or can be stood down.
- 12.3. Unless notice of withdrawal has been given to the recorders within 15 minutes of the publication of the heat results, all finalists shall report to the Clerk of the Course. Withdrawals after the 15 minute deadline may only be made on medical grounds. A charge of £10 per event will be incurred if this condition is not met.
- **12.4. All events** where a withdrawal is made after the deadlines on medical grounds the swimmer may not compete for the rest of the day.

13. Awards

- **13.1.** 200m, 400m, 800m, 1500m and individual medley events will be Heat Declared and the first three swimmers in each age group for these events shall each receive medals.
- **13.2.** Finals shall be swum for 50m and 100m freestyle, backstroke, breaststroke and butterfly events. The finals will consist of the fastest heat swimmers from each age group. The first three swimmers in each age group for these events shall each receive models.
- **13.3.** In the 10/11, 12, 13, 14, 15, 16 and 17+ age groups, Top Open/Male and Top Female awards will be presented to the swimmer with the most points across individual events. Points will be calculated based on 3 points for a gold medal, 2 for a silver and 1 for a bronze
- **13.4.** All medals are to be collected before the end of the event on 4 February 2024.
- 13.5. The County Shield for Top Club will be awarded to the club that finishes top of the combined medals table. Clubs are ranked according to the number of gold medals won at the championships. In the event of a tie for the number of gold medals won, the tied club with the highest number of silver medals shall be declared the winner. In the event of a tie for gold and silver medals, the trophy shall be awarded to the tied club with highest number of bronze medals. If two or more clubs tie for the number of gold, silver and bronze medals, the award shall be shared.

14. Photography and Safeguarding

- **14.1.** No photography or filming of any kind is permitted in the changing rooms or village. Anyone found contravening this requirement will be required to leave the facility without a refund.
- **14.2.** No external media coverage may take place without prior consent of the Promoter and sufficient time for any person participating in the event to consent.
- **14.3.** In accordance with Swim England Child Safety Procedures and Policies all parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images, particularly if those images are being shared with family and friends through social media platforms. Should you have any concerns about photography or filming at this event then please bring them to the attention of the Promoter.
- **14.4.** It is the club's responsibility to inform the Promoter and Lead Referee of any known medical conditions prior to the commencement of the event.
- **14.5.** Safeguarding concerns should be reported to the Promoter. If the concerns related to conduct of the Promoter, a report should be made to the County Welfare Officer, or to a member of the County Executive Committee.
- 14.6. Swimmers must not leave the poolside changing village unless suitably dressed and with appropriate footwear worn.

15. Secondary Strobes

15.1. Secondary strobe lights are available at these championships for athletes with a hearing impairment.



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16. Medley Skins Event, held outside of licensed conditions.

16.1. There shall be two medley 'skins' events, one for the Open/Male and one for the Female held during the competition, and these are outside of licensed conditions. Qualification for this event will be the eight fastest swimmers overall in the 200m Individual Medley events. The order of start for 2024 is Female first, thereafter, alternating on an annual basis and both events will have a formal start for the first round. The competition shall consist of a series of knockout rounds with the slowest swimmer in each round being eliminated. In the event of a dead heat between the two slowest swimmers no elimination is made in that round. The final round shall be the last two remaining swimmers and the winner of the event shall be the fastest swimmer of the final round. The stroke to be used in the first round shall be determined by the promoter drawing lots. The stroke to be used in all subsequent rounds shall be determined by the eliminated swimmer in each round drawing lots.

17. Para Swimming Entries

17.1. Para swimming entries are welcomed and are subject to the general conditions and the Para Swimming Conditions below.

Para Swimming Conditions

The conditions for the Swim England Cambridgeshire County Championships shall apply to the Para Swimming events except where varied by any of the following conditions.

Events

Freestyle 50m, 100m, 200m, 400m, 800m and 1500m

Backstroke 50m, 100m and 200m
Breaststroke 50m, 100m and 200m
Individual Medley 100m, 200m and 400m

18. Eligibility

- **18.1.** Swimmers with S1-S14 classifications will be accepted.
- 18.2. All swimmers must present any equipment for inspection prior to the start of the competition.
- **18.3.** The championships does not have para consideration times. however, the organisers reserve the right to reject swimmers after the date if demand exceeds the time available in galas.

19. Personal Care Attendants

19.1. Personal care attendants will be permitted for para swimmers if appropriate. Personal Care Assistant Passes will be available at no cost if a request is made to the promoter in advance of the event.

20. Competition Format

- **20.1.** The competition format will be based on para-inclusion within the able-bodied programme. Swimmers will be integrated on a time-banded basis in all events.
- **20.2.** Placing shall be determined by achieving a time better than or closest to, the equivalent World Record relevant to their own classification.
- **20.3.** Para swimmers will be included within the results for the appropriate age group. They will also be included in the Multi-Classification results and placed within those results according to their equivalent times.
- 20.4. Winners of all events will be head declared.

21. Competition to be run under IPC Swimming swim rules.

21.1. An official who holds the qualification of Swim England Para Official will act as a technical advisor in each of the sessions where para athletes are Entered, if available.



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Information about Pool Deck Pass Accreditation

Coaches and team managers must have an accreditation pass. In accordance with current SE policy, a competitor must have both a coach and team manager in attendance. All coaches and team managers will be required to apply for deck pass accreditation via the SE website. Remember, no pass - no access to the pool deck.

- All coaches and team managers planning to be on poolside at the County Championships must apply for a pass for the entirety of the championships.
- It is the responsibility of the club to ensure that the coaches and team managers named have been DBS checked and are a registered as Category 3 Swim England Members.
- Passes are £15 each for the meet.
- There is an additional charge for food, the price of which reflects the price charged by the operator at each venue. Food between sessions can be provided only if booked in advance. Information on how to do this will be provided at a later date.
- Passes may only be used by the coaches/team managers named. All named persons must be Swim England members.
- All swimmers aged 16 years and under must be under the supervision of a pass holder during the warm up, competition and in the vicinity of the pool.
- Passes may only be used when there are swimmers from your club on the deck.
- Passes must be worn in a prominent place whilst on the pool deck. Coaches/team managers without passes on display will be asked to leave and may be refused readmission.
- Pool Deck passes will entitle the holder to tea and coffee provided in the Officials Room.



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Schedule of Events

Session 1 - Sunday 28 January 2024 Start: tbc		Session 3 - Saturday 3 February 2024 Start: tbc		Session 5 - Sunday 4 February 2024 Start: tbc	
001	Mixed 1500m Freestyle (HDW)	015	Mixed 800m Freestyle (HDW)	029	Open/Male 100m Backstroke
002	Female 200m Freestyle (HDW)	016	Open/Male 200m Freestyle (HDW)	030	Female 100m Backstroke
003	Open/Male 100m Freestyle	017	Female 100m Freestyle	031	Open/Male 100m Breaststroke
004	Female 100m IM (HDW)	018	Open/Male 100m IM (HDW)	032	Female 100m Breaststroke
005	Open/Male 50m Butterfly	019	Female 50m Butterfly	033	Open/Male 200m Backstroke (HDW)
006	Female 50m Freestyle	020	Open/Male 50m Freestyle	034	Female 200m Backstroke (HDW)
007	Open/Male 200m Breaststroke (HDW)	021	Female 200m Breaststroke (HDW)		10 minutes after the completion of the heats
008	Female 200m Butterfly (HDW)	022	Open/Male 200m Butterfly (HDW)	501-507	FINALS Open/Male 100m Backstroke
	10 minutes after the completion of the heats		10 minutes after the completion of the heats	508-514	FINALS Female 100m Backstroke
101-107	FINALS Open/Male 100m Freestyle	301-307	FINALS Female 100m Freestyle	515-521	FINALS Open/Male 100m Breaststroke
108-114	FINALS Female 50m Freestyle	308-314	FINALS Open/Male 50m Freestyle	522-528	FINALS Female 100m Breaststroke
115-121	FINALS Open/Male 50m Butterfly	315-321	FINALS Female 50m Butterfly		
Session 2 - Sunday 28 January 2024 Start: tbc		Session 4 - Saturday 3 February 2024 Start: tbc		Session 6 - Sunday 4 February 2024 Start: tbc	
009	Open/Male 400m Freestyle (HDW)	023	Female 400m Freestyle (HDW)	601/602	Open/Male & Womens Medley SKINS (from 200 IM)
010	Female 100m Butterfly	024	Open/Male 100m Butterfly		Presentations
011	Open/Male 50m Breaststroke	025	Female 50m Breaststroke	603/604	Open/Male 11/u 4x50m Medley Relay Womens 11/u 4x50m Medley Relay
012	Female 50m Backstroke	026	Open/Male 50m Backstroke	605/606	Open/Male 13/u 4x50m Freestyle Relay Womens 13/u 4x50m Freestyle Relay
013	Open/Male 200m IM (HDW)	027	Female 200m IM (HDW)	607/608	Open/Male 14-16 4x50m Medley Relay Womens 14-16 4x50m Medley Relay
014	Female 400m IM (HDW)	028	Open/Male 400m IM (HDW)	609/610	Open/Male 17+ 4x50m Freestyle Relay Womens 17+ 4x50m Freestyle Relay
	10 minutes after the completion of		10 minutes after the completion of	611/612	Open/Male11/u 4x50m Freestyle Relay
	the heats		the heats		Womens 11/u 4x50m Freestyle Relay
201-207	the heats FINALS Female 100m Butterfly	401-407	rne neats FINALS Open/Male 100m Butterfly	613/614	Womens 11/u 4x50m Freestyle Relay Open/Male 13/u 4x50m Medley Relay Womens 13/u 4x50m Medley Relay
201-207		401-407		613/614	Open/Male 13/u 4x50m Medley Relay