

2026 County Swimming Championships

Weekend 1				
Session 1 - Parkside	Session 2 - Parkside	Session 3 - Parkside	Session 4 - Parkside	Session 5 - Parkside
Friday 23rd January 2026	Saturday 24th January 2026	Saturday 24th January 2026	Sunday 25th January 2026	Sunday 25th January 2026
Warm up: 17.30-18.15	Warm up: 12:00-13:00	Estimated Warm up: 16:20-17:20	Warm up: 12:00-13:00	Estimated Warm up: 16:20-17:20
Session start: 18.20	Session start: 13:10	Estimated Session start: 17:25	Session start: 13:10	Estimated Session start: 17:25
Mixed 800m Freestyle (HDW)	Male/Open 200m IM (HDW)	Female 100m Backstroke	Female 200m IM (HDW)	Male/Open 100m Backstroke
Male/Open 50m Breaststroke	Female 50m Backstroke	Male/Open 100m Butterfly	Male/Open 50m Backstroke	Female 100m Butterfly
Female 100m IM (HDW)	Male/Open 50m Butterfly	Female 50m Freestyle	Female 50m Butterfly	Male/Open 50m Freestyle
	Female 200m Freestyle (HDW)	Male/ Open 200m Breaststroke (HDW)	Male/Open 200m Freestyle (HDW)	Female 200m Breaststroke (HDW)
	Male/Open 400m Freestyle (HDW)	Female 200m Butterfly (HDW)	Female 400m Freestyle (HDW)	Male/Open 200m Butterfly (HDW)
Break 10 minutes	Break 15 minutes	Break 15 minutes	Break 15 minutes	Break 15 minutes
Finals – 7 events	Finals – 14 events	Finals – 21 events	Finals – 14 events	Finals – 21 events
Male/Open 50m Breaststroke	Female 50m Backstroke	Female 100m Backstroke	Male/Open 50m Backstroke	Male/Open 100m Backstroke
	Male/Open 50m Butterfly	Male/Open 100m Butterfly	Female 50m Butterfly	Female 100m Butterfly
		Female 50m Freestyle		Male/Open 50m Freestyle
Estimated finish time: 20.44	Estimated finish time: 15:27	Estimated finish time: 20:05	Estimated finish time: 15:44	Estimated finish time: 20:07

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Weekend 2		
Session 6 - Parkside	Session 7 - Parkside	Session 8 - Parkside
Friday 6th February 2026	Sunday 8th February 2026	Sunday 8th February 2026
Warm up: 17.30-18.15	Warm up: 11:20-12:20	Estimated Warm up: 16:00-17:00
Session start: 18.20	Session start: 12.30	Estimated Session start: 17:05
Mixed 1500m Freestyle (HDW)	Female 100m Freestyle	Male/Open 100m Freestyle
Female 50m Breaststroke	Male/Open 100m Breaststroke	Female 100m Breaststroke
Male/Open 100m IM (HDW)	Female 400m IM (HDW)	Male/Open 400m IM (HDW)
	Male/Open 200m Backstroke (HDW)	Female 200m Backstroke (HDW)
Break 10 minutes	Break 15 minutes	Break 15 minutes
Finals – 7 events	Finals – 14 events	Finals – 14 events
Female 50m Breaststroke	Female 100m Freestyle	Male/Open 100m Freestyle
	Male/Open 100m Breaststroke	Female 100m Breaststroke
	Break 15 minutes	
	SKINS (Mix)	Presentation
Estimated finish time: 20.50	Estimated finish time: 15:40	Estimated finish time: 20:00